

Menu is Subject to Change

Shenandoah JK-8 Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Cereal **5**
English Muffin w/Jelly & PB
Or
Chocolate Chip Breakfast Bar
Go-Gurt
Applesauce
Orange Juice
Choice of Milk

Cheesy Bacon Scrambled Eggs **6**
Hashbrown
Toast
Or
Cereal w/Yogurt
Orange Wedges
Juicy Juice
Choice of Milk

Breakfast Pizza **7**
Or
Cereal
Yogurt
Fruit Medley
Orange Juice
Choice of Milk

Mini Pancakes **1**
Yogurt
Or
Froot Loop Parfait
Apple Wedges
Juicy Juice
Choice of Milk

NO SCHOOL **2**

Breakfast Boat **12**
Or
Cereal Bar
String Cheese
Peaches
Orange Juice
Choice of Milk

Egg & Cheese Biscuit **13**
Or
Cereal w/Muffin
Yogurt
Fresh Berries
Juicy Juice
Choice of Milk

Scrambled Eggs **14**
French Toast
Sausage Link
Or
Froot Loop Parfait
Banana
Orange Juice
Choice of Milk

Waffles **8**
Bacon
Or
Cereal w/Bagel & Cream Cheese
Strawberries
Juicy Juice
Choice of Milk

Mini Donuts **9**
Or
Cereal w/Toast
Yogurt
Mixed Berries
Orange Juice
Choice of Milk

Ham, Egg & Cheese Breakfast Bar **15**
Toast
Hashbrown
Or
Cereal w/Toast
Apple Slices
Juicy Juice
Choice of Milk

Cinni Mini's **16**
Or
PBJ Uncrustable
Mini Parfait
Fresh Fruit
Orange Juice
Choice of Milk

Egg Omelet **19**
Bacon
Blueberry Muffin
Or
Cereal w/Bagel & Cream Cheese
Pears
Orange Juice
Choice of Milk

Breakfast Power Bites **20**
Or
Cereal
Toast
Cottage Cheese
Pineapple
Juicy Juice
Choice of Milk

Pancake on a Stick **21**
Or
Cereal w/Toast
Yogurt
Fresh Melon
Orange Juice
Choice of Milk

Egg Omelet Muffin Bites **22**
Bacon & Toast
Or
Cereal w/Toast
String Cheese
Orange Wedges
Juicy Juice
Choice of Milk

Breakfast Pizza **23**
Or
Cereal Bar
Yogurt
Fresh Fruit
Orange Juice
Choice of Milk

Breakfast Taco w/Toppings **26**
Or
Cereal Bar
Go-Gurt
Strawberries
Orange Juice
Choice of Milk

French Toast **27**
Bacon
Or
Froot Loop Parfait
Mandarin Oranges
Juicy Juice
Choice of Milk

Mini Pancakes **28**
Or
Cereal w/Bagel & Cream Cheese
Yogurt
Blueberries
Juicy Juice
Choice of Milk

Apple Filled Pastry **29**
Or
PBJ Uncrustable
Mini Parfait
Raspberries
Juicy Juice
Choice of Milk

Scrambled Eggs **30**
Toast
Sausage Links
Or
Cereal w/Toast
Fresh Fruit
Orange Juice
Choice of Milk